



LIVE IN THE SPIRIT

Scriptural Reading:
Gal 5:16-18;21-25



Today the word of God has revealed unto us the pathway to holiness; living in the spirit. We have also realized the fact that the flesh profits nothing. This is evident in our daily struggle with sin. Having been filled with the Holy Spirit, we equally have to live in the spirit. We live in the spirit by hearing and obeying the voice and direction of the Holy Spirit. We live in the spirit when we occupy ourselves with the thoughts and deeds that conform to the word of God.

We do not have to leave this world in order to live in the spirit; instead we have to overcome the world and its pleasures by the power of the Holy Spirit. He is there to help us in our areas of weaknesses. He speaks to us in times of temptation. If we can follow him, we will surely overcome. Like St. Paul, we must harden ourselves with blows, through self-denial, self-discipline and self-control.



MEDITATION

What have I denied myself for the sake of Christ?



STRATEGIC PRAYER POINTS

1. Pray against every pressure to sin
2. Take authority over satanic plans against your life
3. Thank God for His grace upon your life
4. Pray for the leaders of the Church for the grace of humility in service
5. Pray now against the spread of corona virus pandemic
6. Say the prayers to St. Michael and St. Jude in pages 101 and 103
7. Present your private intentions to God
8. Say your daily prophetic prayers (page 6).

DAILY PROPHETIC PRAYERS

1. Lord God of Power and Might you are worthy of my praise and adoration from generation to generation. We thank and praise your Holy name for what you have done, what you are doing and for what you are about to do.
2. Oh Lord, as you delivered Israel from captivity so you will surely deliver me.
3. As you delivered Daniel from the den of lions you will surely deliver me.
4. As you delivered Paul and Silas, I know you will surely break the prison bars and set me free.
5. Do not let the power of darkness reign over me.
6. Do not abandon me to the power of the grave
7. Do not let people ask me; “where is your God?”
8. Oh Lord Jesus, touch me one more time and heal, save and set me free.
9. Breath life upon me that I may live, become fruitful and prosper in all ramifications.
10. I will serve you in truth and Spirit all the days of my life. and nations shall praise you for your goodness in my life.

In the most powerful name of Jesus, Amen.

PRAYER TO ST MICHAEL THE ARCHANGEL AGAINST THE FORCES BEHIND COVID - 19.

Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls.

Amen.

WE PRAY WITH ST JUDE THE PATRON OF DIFFICULT CASES AGAINST THE SPREAD OF CORONA VIRUS

O most holy apostle, Saint Jude, faithful servant and friend of Jesus, the Church honoureth and invoketh thee universally, as the patron of hopeless cases, and of things almost despaired of. Pray for me, who am so miserable. Make use, I implore thee, of that particular privilege accorded to thee, to bring visible and speedy help where help was almost despaired of. Come to mine assistance in this great need, that I may receive the consolation and succor of Heaven in all my necessities, tribulations, and sufferings, particularly... (insert your prayer request here, especially the menace of COVID - 19 Pandemic) ...and that I may praise God with thee and all the elect throughout eternity.

I promise thee, O blessed Jude, to be ever mindful of this great favour, to always honour thee as my special and powerful patron, and to gratefully encourage devotion to thee.

Amen.